

Sourdough English Muffins

Ingredients

1 c sourdough starter
2 c milk
1 c cornmeal
5 c flour
3 T sugar
1 t salt
1 t baking soda
1 eggs

Instructions

Combine starter, milk, cornmeal and 1 1/2 cup flour, stir to blend ingredients, cover bowl, let stand overnight.

When ready, stir mixture down and add the rest of flour and all ingredients.

Mix well, then turn out onto a floured board and knead thoroughly. Roll the dough to a thickness of no more than 1/2" and cut with a large biscuit cutter.