

# Potato Soup

## Ingredients

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6 potatoes (russets)  
3 carrots  
2 T butter  
1 onion  
4 clv garlic  
7 c chicken broth (or water)  
1 c milk  
1 c cheddar cheese (optional)  
1/4 c parsley (washed and chopped)

## Instructions

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Peel, cut, and rinse potatoes and carrots.  
&nbsp;  Set aside.

Slice onion and saut&eacute; in butter in a large pot over medium low heat. &nbsp;  Squish garlic and add to the pot. &nbsp;  When onions are translucent, add potatoes and carrots, and cover with chicken broth or water.

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When potatoes and carrots are soft, mash them.

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Then add milk. &nbsp;  If you want or have it you